



presented by

FLORIDA State Parks
...the Real Florida



The Lake Louisa Sprint Triathlon Series is designed for athletes training for a Triathlon. Each race of the series will take place inside Lake Louisa State Park, five miles south of Clermont, Florida. The races will begin at 6 pm Thursday nights on June 12, July 17 and August 7, 2003.

Register on-line at
signmeupsports.com



Event Dates:

Thursday, June 12 • Thursday, July 17 • Thursday, August 7

Location:

Lake Louisa State Park, Clermont, Florida

Race Start Time:

6:00 pm

Distances:

400 Meter Swim • 15K Bike • 3K Run

Entire course will be closed to traffic during the event.

Divisions

Elite athletes - Draft legal

Junior Elite athletes (13-19) - Draft legal

Age-Group athletes - Non drafting

Prize Money - Elite Division

The entry fees from the elite division will be placed into a prize money purse to be divided by the winners.

Entry Fee per Race: \$25

All participants must show proof of USA Triathlon membership or purchase a one-day license for \$9 at check-in.

Everyone will receive a finishers ribbon and will be eligible for door prizes. After each race, athletes will enjoy a fruit and food buffet with Pepsi and Gatorade.

LIMIT OF 300 ATHLETES

NO AWARDS • NO T-SHIRTS • NO TIMING/SCORING

RACE CLOCK AT FINISH LINE • LOTS OF FUN AND SAFE COMPETITION!

First Name: _____

Last Name: _____

Age: _____ Sex: _____

Address: _____

City: _____ State: _____ Zip: _____

USAT #: _____

E-mail: _____ Phone: _____

Race Date Entering: June 12 July 17 Aug. 7 Total: \$_____

Make checks payable to: USAT-NTC

Mail applications: Lake Louisa Tri Series
1099 Citrus Tower Blvd. Clermont, FL 34711

Contact Phone: 352 314-7144 ext. 4209

E-mail: tomziebart@aol.com

