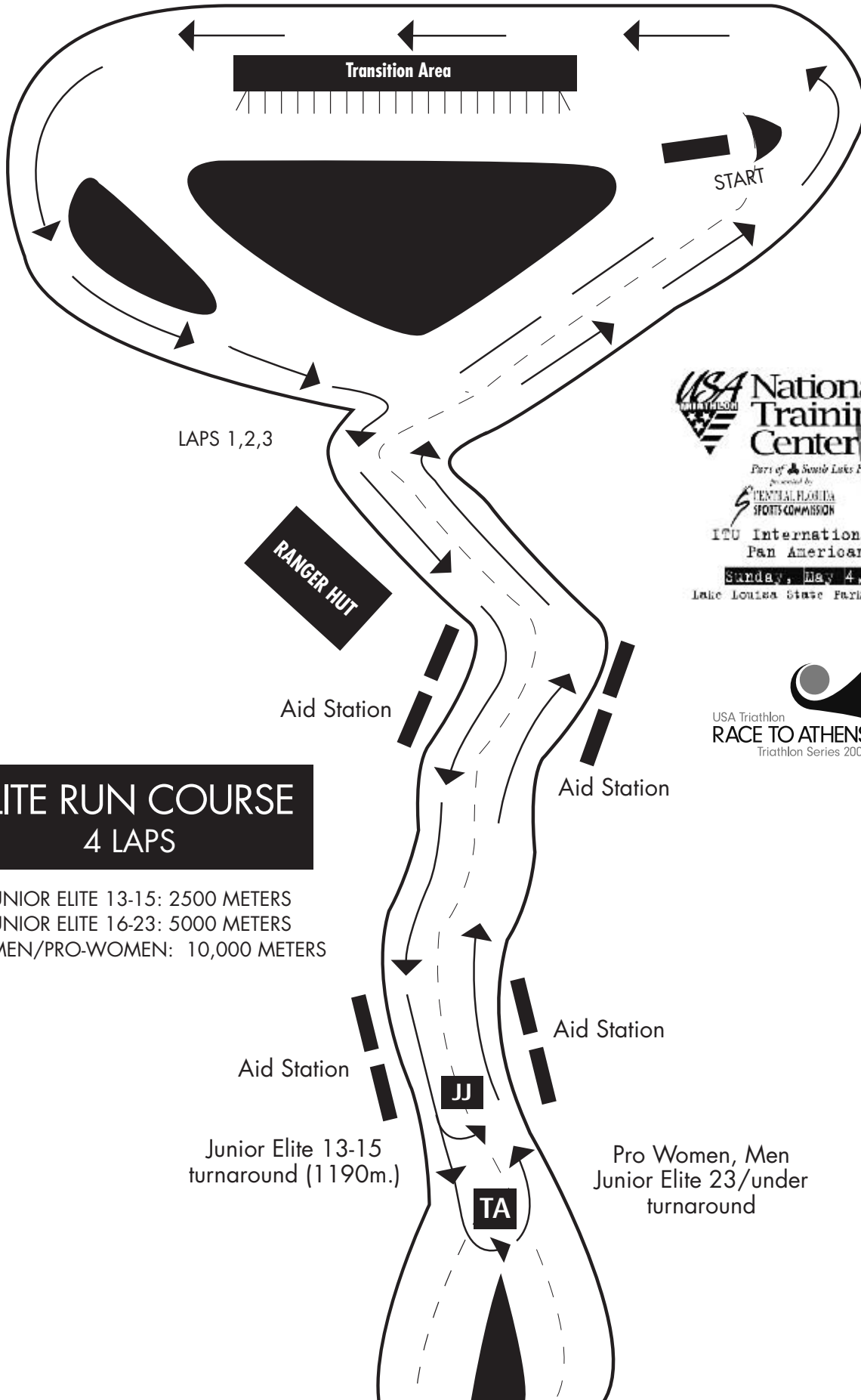


Lake Louisa



LAPS 1,2,3

Transition Area

START

RANGER HUT

Aid Station

Aid Station

Aid Station

Aid Station

JJ

TA

Junior Elite 13-15
turnaround (1190m.)

Pro Women, Men
Junior Elite 23/under
turnaround

ELITE RUN COURSE 4 LAPS

JUNIOR ELITE 13-15: 2500 METERS
JUNIOR ELITE 16-23: 5000 METERS
PRO-MEN/PRO-WOMEN: 10,000 METERS

USA National Training Center triathlon 2003
 Part of **South Lake Highnet**
 presented by **FLORIDA STATE PARKS** and **FLORIDA SPORTS COMMISSION**
 ITU International Points Race Pan American Qualifier
 Sunday, May 4, 2003 • 7 am
 Lake Louisa State Park • Clermont, Florida

USA Triathlon **RACE TO ATHENS** Triathlon Series 2003
FLORIDA CHOICE BANK